

THE

CONNECTION



NEWS AND UPDATES FROM YOUR BURGESS PTO

Who the PTO is

We are parents and guardians.
We are teachers and staff.
We care about our children.
We want to build a better Burgess.
We are you.

Every parent and guardian is already a member of the PTO. Please get involved. We welcome your participation. Even as little as an hour or two can make a significant difference.

What the PTO does

By raising funds, we are able to provide school supplies, field trips, cultural events and more, and in turn, improve the educational experiences of our children.

By publishing *The Connection*, we promote communication between the school and families.

By involving families in the betterment of our children's school and experiences, we foster a spirit of community and cooperation.



Building a Better Burgess

PTO Executive Board Members

President: Alicia Rice
Vice-President: Erin Perreault
Treasurer: Melissa David
Secretary: Gretchen Marino

Email: BurgessPTO@gmail.com
Web: BurgessPTO.org

Welcome Back to School!

We hope you all had a happy and healthy summer vacation. We are looking forward to the upcoming school year. Every parent and guardian can make a difference at our school!

Thank you

Thank you to all the parents and guardians who volunteered through out last school year. Your time and energy enhanced the learning experience for our Burgess students! Volunteer opportunities are plentiful and varied enough to fit just about everyone's talents and schedules. The next PTO business meeting is Tuesday, September 10, 2019 at 7:00 p.m. in the school library. Come find out about school happenings. No obligation to volunteer, promise!

Burgess Open House - Thursday, September 12; 5:00 - 7:30 p.m.

Grades K - 3: 5:00 - 6:30 p.m.

Grades 4 - 6: 6:00 - 7:30 p.m.

Visit the PTO table in the foyer to purchase Burgess Magnets, Dismissal Pads, and check out our Fall 2019 line of Burgess Wear! Some Burgess Wear items will be available for sale, all forms of payment accepted.

Burgess Wear - Fall Store Orders Due September 16

Burgess wear is sold seasonally throughout the school year. The Fall store is now open for orders through September 16. Orders will be delivered to the school by the middle of October. Check all the items at: burgessfall19.itemorder.com

Dismissal Pads

Our standardized dismissal pads make it easier to notify the school of a change in your student's dismissal plan. Cost is \$1.00/pad. Dismissal pads will be available at the PTO Open House Table and through the Main Office.

Burgess School Directory - September 16 deadline

Did you know Burgess has a directory for class lists, family contact information (you must opt in to be included), and school administration information? The Directory is a great resource for getting to know your student's classmates. To be listed in the Directory and to order your copy of the 2019/2020 school year Directory, go to burgesspto.org. Click on Forms and Documents then Directory Form. Directory submission and order deadline is September 16, 2019. Cost to purchase a Directory is \$6.00 and a personal message is \$4.00.

Worcester Railers Game Night - Saturday October 12

Join Burgess for a Opening Night at the Worcester Railers! Game time is 7:05 p.m. Tickets cost \$20.00 with \$5.00 going back to the PTO. Everyone attending will have a chance to take a photo and shot on goal after the game. See flyer for order form. Order deadline is September 30, 2019.

The next PTO meeting will be held in the library: **Tuesday, September 10 at 7:00 p.m.** See you in the next school year!

Month-At-A-Glance

AUGUST/SEPTEMBER

S	M	T	W	T	F	S
			27	28	29	30
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

August 27 - First Day of School

August 30 - No School

September 2 - No School

September 19 - Early Release

Burgess PTO

Next Meeting: Tuesday, September 10 at 7:00 p.m. in the school library.

Website: burgesspto.org

Email: burgesspto@gmail.com

Burgess Wear: burgesswear@gmail.com

Facebook: Burgess Elementary School PTO

Remind App: burgesspto

Connection: burgessconnect@gmail.com

All parents and guardians are welcome to attend.

School Improvement Council

will meet at the Burgess Elementary School in the Conference Room on the

Second Monday of each month at 3:15 p.m. (unless otherwise posted)
Open to the public.

Sturbridge School Committee

will meet at the Burgess Elementary School in the Library on the

First Thursday of each month at 6:30 p.m. (unless otherwise posted)

All parents and guardians are welcome to attend.

Contact Burgess

Main Office: 508-347-7041

Nurse: 774-241-3004

Website: www.tantasqua.org/burgess

Address: 45 Burgess School Road
Sturbridge, MA 01566

Submission Guidelines: • Submissions may be sent to the newsletter editor(s) at burgessconnect@gmail.com. • The preferred format is electronic. All submissions are subject to reformatting. • All articles are limited to school-, PTO- or town-sponsored activities intended for Burgess students and their parents or guardians. • Publication of any submission is subject to space availability. • Approval of all articles is at the discretion of the school's Principal. • The submission deadline is on or around the 20th of the prior publishing month. • Late submissions will either be put in a subsequent issue or, if time permits, placed in the current issue at the discretion of the editor(s). All students, regardless of race, color, sex, gender identity, religion, national origin, sexual orientation, disability, or homelessness, have equal access to the general education program and the full range of any occupational/vocational education programs offered by the district.

PTO Bulletin Board

Though fundraisers are not mandatory, please know that your participation in ANY form is invaluable to our students, our staff and our school - and we always appreciate all that YOU do to make our students' community the best it can be. *Thank you!*



During the month of **September**, we will receive \$1 for every community bag purchased at Shaw's or Stop & Shop in Sturbridge!
The cost of the bag is \$2.50

Available online 2019-2020 District School Calendar

You can access the 2019-2020 school year calendar online at tantasqua.org

Click on **District Calendars**.



Download the remind app to stay connected to the Burgess PTO. Once you set up your free account; select "Join Class", enter "burgesspto" next to the @ symbol, and select "Join" account. You will receive messages from Burgess PTO directly to your phone like a text.



During the month of September students will create a unique art design for our Square 1 Art fundraiser. Designs can be turned into a variety of things for one of a kind gifts. Be on the look out for order information.



Dine out at Baba Sushi on these dates and 1% of the days' receipts will go back to the PTO.

September 30
November 4
December 15



Burgess Wear Day Every Friday!

Every Friday is now Burgess Wear Day.
Wear your Burgess Wear or Pack color!



WORCESTER RAILERS

OPENING NIGHT

BURGESS ELEMENTARY SCHOOL

SATURDAY, OCTOBER 12TH @ 7:05PM



VS



EVERYONE ATTENDING WILL GET
TO TAKE A PHOTO AND A SHOT
ON GOAL ON THE ICE POST GAME!

\$20

\$5 per ticket goes back to your school!

(All tickets are located in Section 105)

ORDER DEADLINE: SEPTEMBER 30th

CALL OR TEXT DAVE RUSSELL FOR QUESTIONS AT 508-365-1754 OR DAVER@RAILERSHC.COM

Please fill out the order form and return to the main office by SEPTEMBER 30th to purchase your tickets.

Name: _____ Parent/Guardian name: _____ Homeroom: _____

Email: _____ Phone #: _____ # of tickets @ \$20 _____ Total price: \$ _____

Payment Method (please circle): Cash

Please circle:

Ticket Delivery Method:

*Check Check #: _____

Text School Delivery

*ALL CHECKS MADE PAYABLE TO BURGESS PTO



Here is what is happening around the school. Dates and times to remember. Ways to get involved. And more!

Calendar of Important August/September Dates

August 27	First Day of School
August 30	No School
September 2	No School
September 12	Open House
September 19	Early Release
September 22	Burgess Bear 5k



Nurse Office News

Hoping everyone had a terrific summer! Tara, Lydia and I are excited to see all of the children again and meet the new students!

Please remember throughout the school year to share any medical information with the health office that you share with the teachers. We are always interested in changes in their health, medications they are receiving or any medical concerns you may have.

The Health Office tracks attendance for all students with the Main Office Staff and parents will be called if a child is absent and either office hasn't been notified. This is a safety practice and very important for your children. We also need to be notified of any absences due to family matters or vacations.

Looking forward to seeing everyone and excited for another school year!

Lisa Meunier, School Nurse

Library Volunteers

The library welcomes parent volunteers. We offer morning and afternoon slots each day of the week. Volunteers check books in and out to children, and help with various library tasks and activities. Classes cycle in and out all day, and there is a constantly changing group of children. Training is provided, whether or not you've ever done library work. If this sounds like a good deal, email Sarah Swift, swifts@tantasqua.org. We'd love to have you with us this year.

Mrs. Swift, Librarian



Burgess Bear 5k Run/Walk

Sunday, September 22, 2019

Kids Fun Run at 9:00 a.m.

5k Run/Walk at 9:30 a.m.

Join us for the second annual Burgess Bear 5k Run/Walk. The event will start and finish at the school. All proceeds will benefit the Student Activity Fund to support grade 6 extracurricular educational experiences.

Register for the run/walk or donate at:

<http://www.lightboxreg.com/>

Search for Burgess

Check us out on Facebook: Burgess Bear 5k Run/Walk

T-shirt included for those who register by September 1st

The Burgess Way





Welcome back Burgess Bears! On Tuesday, August 27th we will hold our Beginning of the Year Celebration. We will be celebrating the start of the school year and the Burgess Way. Please talk with your child about what it means to be a Burgess BEAR.

Students will receive their pack t-shirts in their homerooms on the first day of school and are encouraged to wear them over their outfits to the celebration. Homeroom teachers will collect the t-shirts after the celebration; students will have the opportunity to decorate their shirts over the first few weeks of school. We are excited for an awesome 2019-20 school year.

Remember the Burgess Way, Let's be BEARS today!

The Culture Club



August 2019		Burgess Elementary			BREAKFAST
 Breakfast comes with milk, fresh or canned fruit, yogurt and juice. \$1.50 reduced is .30		 Nutrition Tip: Drink water! Sip water or other drinks with few or no calories to help maintain a healthy weight. Keep a water bottle in your bag or at your desk to satisfy your thirst throughout the day.			 Reference: USDA MyPlate
Monday	Tuesday	Wednesday	Thursday	Friday	
			1	2	
5	6	7	8	9	
12	13	14	15	16	
19	20	21	22	23	
26	Cereal or chocolate chip muffin or popart	Cereal or chocolate chip muffin or popart	Cereal or chocolate chip muffin or popart	30	

August 2019		Burgess Elementary			LUNCH
 Daily offering: chicken patty, veggie burger, gluten free chicken, chef salad. Assorted milk and fruit offered with lunch. \$2.75 reduced is .40		 Nutrition Tip: August is Family Meals Month! Family meals around the table provide an opportunity to spend time together. Make time for family meals when planning your household's schedule each week. Try to cook, eat up, and clean up together!			 Reference: USDA MyPlate
Monday	Tuesday	Wednesday	Thursday	Friday	
			1	2	
5	6	7	8	9	
12	13	14	15	16	
19	20	21	22	23	
26	Hamburger or Cheeseburger with baked fries and carrots	General Tso's chicken over rice with broccoli or fruity yogurt parfait	Hot dogs with baked chips and green beans	30	

September 2019

Burgess Elementary

BREAKFAST

Breakfast comes with yogurt, milk, juice and fruit. \$1.50 reduced is .30 cents.

Nutrition Tip: September is Whole Grains Month! Aim to make at least half your grains whole grains. Look for the words "100% whole grain" or "100% whole wheat" on the food label. Whole grains provide more nutrients, like fiber, than refined grains.

Reference: USDA MyPlate

Monday

NO SCHOOL

2

Tuesday

Breakfast sandwich

3

Wednesday

French toast

4

Thursday

Pancakes

5

Friday

Cinnamon roll

6

Donuts

9

Breakfast sandwich

10

French toast

11

Pancakes

12

Cinnamon roll

13

Donuts

16

Breakfast sandwich

17

French toast

18

Pancakes

19

Cinnamon roll

20

Donuts

23

Breakfast sandwich

24

French toast

25

Pancakes

26

Cinnamon roll

27

Donuts

30

September 2019

Burgess Elementary

LUNCH

Daily offering: chicken patty, veggie burger, gluten free chicken, chef salad. Assorted milk and fruit offered with lunch. \$2.75 reduced is .40 cents

Nutrition Tip: With September being Whole Grains month try increasing your whole grain intake by snacking on ready-to-eat whole grain cereals, whole grain crackers or popcorn.
Reference: USDA MyPlate

Monday

NO SCHOOL 2

Tuesday

chicken nuggets with baked fries and carrots or fruit smoothie with a muffin 3

Wednesday

Ham and cheese croissant with baked chips and peas or fruity yogurt parfait 4

Thursday

Brunch for lunch French toast with hash brown potatoes and sausage or fruit smoothie with a muffin 5

Friday

Cheese or pepperoni pizza with chef salad or fruity yogurt parfait gluten free pizza available 6

Mozzarella sticks with marinara sauce and green beans or fruity yogurt parfait 9

Walking taco! All the fixings to put in your DORITO bag! Served with corn or fruit smoothie with a muffin 10

Chicken fajita with peppers and onions with rice and carrots or MUNCHABLE bagel & cream cheese or fruity yogurt parfait 11

Hamburger or Cheeseburger with baked chips and peas or fruit smoothie with a muffin 12

Cheese or BBQ chicken pizza with mixed veggies and ice cream or fruity yogurt parfait gluten free pizza available 13

Chicken tenders with sweet potatoes and green beans or fruity yogurt parfait 16

Toasted cheese sandwich with tomato soup and peas or fruit smoothie with a muffin 17

Meatball grinders with roasted chickpeas and broccoli or MUNCHABLE cheese & pepperoni and crackers or yogurt parfait 18

NO LUNCH 19

Cheese or veggie pizza with carrots or fruity yogurt parfait gluten free pizza available 20

Corn dog with baked fries and carrots or fruity yogurt parfait 23

Popcorn chicken with mashed potatoes and gravy with corn or fruit smoothie with a muffin 24

Brunch for lunch! Pancakes with tator tots and sausage or fruity yogurt parfait 25

Nacho chip basket with warm cheese, taco meat, salsa and corn or fruit smoothie with a muffin 26

Cheese or pepperoni pizza with peas or fruity yogurt parfait gluten free pizza available 27

Chicken nuggets with baked fries and carrots or fruity yogurt parfait 30